



“ A balance device so innovative and intense, it will change the way you work out, forever. ”



DISCIPLINE  
HARD WORK  
SACRIFICE  
CHARACTER  
PERSEVERANCE  
ENDURANCE  
SUCCESS



StrongBoard Balance®



StrongBoard Mini®



FIREARM TRAINING  
VICTORY  
QUICK RESPONSE  
MOVING TARGETS  
ENDAVOR  
STRENGTH  
SNIPER TRAINING  
BALANCE  
ELITE MARKSMEN  
INFANTRY  
THE WILL TO WIN  
MILITARY

## CAPABILITY STATEMENT

**American-made StrongBoard Balance is a one-of-a-kind, premier balance board** which allows users to train almost every muscle in the body at the same time. Designed for all levels of fitness enthusiasts as well as elite tactical professions, StrongBoard can be integrated into any workout routine. It's patented "multi-spring technology" prevents stabilization from occurring, forcing muscle activation, and total body engagement, as well as improved reaction time. The unstable surface immediately identifies weaknesses in balance and proprioception which allows users to strengthen, prevent and treat injuries while training. Regular use of StrongBoard promotes advanced and peak performance in any situation.

## COMPANY SNAPSHOT

**CAGE:** 71JT0  
**DUNS:** 057861609  
**SET ASIDE:** Small Business  
**SCHEDULE:** Applying for GSA schedule contract  
**SIN:** 192 08  
192 04  
**WEBSITE:** [www.StrongBoardBalance.com](http://www.StrongBoardBalance.com)  
**NAICS Codes:** 423450  
423910  
812990

## DIFFERENTIATORS

- ✓ Patented multi-spring-technology prevents users from stabilizing which results in full body engagement and muscle contraction. Every other balance trainer on the market has a point of stabilization.
- ✓ 3-year warranty
- ✓ Made and assembled entirely in the USA.
- ✓ Versatile enough to appeal to wide range of users, from sedentary seniors to extreme athletes.
- ✓ Spring color and configuration customization



## PAST PERFORMANCE

LAIFITNESS. ELIVATE™ GEAR UP. LIVE FIT. HealthMed



LA Fitness • Elivate Fitness • Health Med  
US Army • Power Systems • Gopher Sport • LAPD

## AWARDS AND ACCOLADES

"Best Buy Stability Product for 2016"  
– FitProf.net

"2016 Best New Fitness Equipment"  
– Active.com

"One of the best workout tools available today"  
– MyMMAnews.com

"Best 12 Products to help you achieve your health and wellness goals."  
– YogiApproved.com

"Top 10 Training Tools You Should Check Out in 2015"  
– Fitnovatives Blog, AceFitness.Org

## CONTACT US

Adella Curry, Vice President | Phone 310.439.2074 | TOLL FREE 855.570.3890 | Fax 310.439.2075

Adella@StrongBoardBalance.com | Orders@StrongBoardBalance.com

STRONGBOARD BALANCE is a registered trademark of STRONGHOLD FITNESS, LLC. © 2016 Patent No. 7,645,221